

# “FEARS AND PHOBIA – yes or know?”

7pm UK Wednesday 16 September 2020

with Joanne Waine

Mindset Mentor, Empowerment Coach, Hypnotherapist  
Licensed Heal Your Life Workshop Leader



In this exciting free workshop, you will how to:

**Discover** the root cause of your fear or phobia.

**Understand** how your subconscious mind works.

**Release** your blocks of limiting beliefs.

**Design** your new life overcoming your fear with affirmations.

**Learn** how to use visualisation and Law of Attraction to create what you want.



**Don't delay – Tickets available with Eventbrite and [action@calmpower.com](mailto:action@calmpower.com)**